

NKJV Entire Season Court Schedule for Better Bodies

Last Updated 3/22/2010

Contact Chris Rolf with Questions christopher.rolf@hp.com or 859-468-0157

Tuesday, March 23, 2010					
Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	Jen Ryles Private Training	4:00 PM	Jen Wolff Private Lesson
4:30 PM	OPEN for Training	4:30 PM	Jen Ryles Private Training	4:30 PM	Jen Wolff Private Lesson
5:00 PM	13-1 / 14-2	5:00 PM	13-1 / 14-2	5:00 PM	11-1 / 11-2
5:30 PM	13-1 / 14-2	5:30 PM	13-1 / 14-2	5:30 PM	11-1 / 11-2
6:00 PM	13-1 / 14-2	6:00 PM	13-1 / 14-2	6:00 PM	11-1 / 11-2
6:30 PM	13-1 / 14-2	6:30 PM	13-1 / 14-2	6:30 PM	11-1 / 11-2
7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	15-1 / 15-2
7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	15-1 / 15-2
8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	15-1 / 15-2
8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	15-1 / 15-2

Wednesday, March 24, 2010					
Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	Jen Wolff Private Training	4:00 PM	Jen Ryles Private Training	4:00 PM	OPEN for Training
4:30 PM	Jen Wolff Private Training	4:30 PM	Jen Ryles Private Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	J. Delong Private Trng
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	J. Delong Private Trng
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	M. Schwab Private Training
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	M. Schwab Private Training

Thursday, March 25, 2010					
Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	J. Delong Private Trng	4:00 PM	Jen Ryles Private Training	4:00 PM	OPEN
4:30 PM	J. Delong Private Trng	4:30 PM	Jen Ryles Private Training	4:30 PM	OPEN
5:00 PM	OPEN	5:00 PM	14-2	5:00 PM	14-3
5:30 PM	OPEN	5:30 PM	14-2	5:30 PM	14-3
6:00 PM	OPEN	6:00 PM	14-2	6:00 PM	14-3
6:30 PM	OPEN	6:30 PM	14-2	6:30 PM	14-3
7:00 PM	14-1	7:00 PM	13-1	7:00 PM	M. Schwab Private Training
7:30 PM	14-1	7:30 PM	13-1	7:30 PM	M. Schwab Private Training
8:00 PM	14-1	8:00 PM	13-1	8:00 PM	Jim Delong Private Training
8:30 PM	14-1	8:30 PM	13-1	8:30 PM	Jim Delong Private Training

Friday, March 26, 2010					
Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, March 27, 2010					
Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	OPEN	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	OPEN	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	M. Schwab Private Training	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	M. Schwab Private Training	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, March 28, 2010					
Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	16-1	12:00 PM	16-2	12:00 PM	Jim Delong Private Training
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	Jim Delong Private Training
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	OPEN
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	OPEN
2:00 PM	11-1	2:00 PM	12-1	2:00 PM	14-3
2:30 PM	11-1	2:30 PM	12-1	2:30 PM	14-3
3:00 PM	11-1	3:00 PM	12-1	3:00 PM	14-3
3:30 PM	11-1	3:30 PM	12-1	3:30 PM	14-3
4:00 PM	14-1	4:00 PM	14-2	4:00 PM	15-2
4:30 PM	14-1	4:30 PM	14-2	4:30 PM	15-2
5:00 PM	14-1	5:00 PM	14-2	5:00 PM	15-2
5:30 PM	14-1	5:30 PM	14-2	5:30 PM	15-2

Monday, March 29, 2010					
Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, March 30, 2010					
Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	Jen Ryles Private Training	4:00 PM	Jen Wolff Private Lesson
4:30 PM	OPEN for Training	4:30 PM	Jen Ryles Private Training	4:30 PM	Jen Wolff Private Lesson
5:00 PM	13-1 / 14-2	5:00 PM	13-1 / 14-2	5:00 PM	11-1 / 11-2

5:30 PM	13-1 / 14-2	5:30 PM	13-1 / 14-2	5:30 PM	11-1 / 11-2
6:00 PM	13-1 / 14-2	6:00 PM	13-1 / 14-2	6:00 PM	11-1 / 11-2
6:30 PM	13-1 / 14-2	6:30 PM	13-1 / 14-2	6:30 PM	11-1 / 11-2
7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	15-1 / 15-2
7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	15-1 / 15-2
8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	15-1 / 15-2
8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	15-1 / 15-2

Wednesday, March 31, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	Jen Ryles Private Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	Jen Ryles Private Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	M. Schwab Private Trng
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	M. Schwab Private Trng
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	M. Schwab Private Training
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	M. Schwab Private Training

Thursday, April 01, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	Jen Ryles Private Training	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	Jen Ryles Private Training	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	11-2	5:00 PM	13-2	5:00 PM	11-1
5:30 PM	11-2	5:30 PM	13-2	5:30 PM	11-1
6:00 PM	11-2	6:00 PM	13-2	6:00 PM	11-1
6:30 PM	11-2	6:30 PM	13-2	6:30 PM	11-1
7:00 PM	14-1	7:00 PM	12-1	7:00 PM	17-1
7:30 PM	14-1	7:30 PM	12-1	7:30 PM	17-1
8:00 PM	14-1	8:00 PM	12-1	8:00 PM	17-1
8:30 PM	14-1	8:30 PM	12-1	8:30 PM	17-1

Friday, April 02, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, April 03, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	J. Delong Private Training	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	J. Delong Private Training	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	J. Delong Private Training	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	J. Delong Private Training	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	14-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	14-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	14-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	14-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, April 04, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
EASTER	EASTER	EASTER	EASTER	EASTER	EASTER
12:00 PM	EASTER	12:00 PM	EASTER	12:00 PM	EASTER
12:30 PM	EASTER	12:30 PM	EASTER	12:30 PM	EASTER
1:00 PM	EASTER	1:00 PM	EASTER	1:00 PM	EASTER
1:30 PM	EASTER	1:30 PM	EASTER	1:30 PM	EASTER
2:00 PM	EASTER	2:00 PM	EASTER	2:00 PM	EASTER
2:30 PM	EASTER	2:30 PM	EASTER	2:30 PM	EASTER
3:00 PM	EASTER	3:00 PM	EASTER	3:00 PM	EASTER
3:30 PM	EASTER	3:30 PM	EASTER	3:30 PM	EASTER
4:00 PM	EASTER	4:00 PM	EASTER	4:00 PM	EASTER
4:30 PM	EASTER	4:30 PM	EASTER	4:30 PM	EASTER
5:00 PM	EASTER	5:00 PM	EASTER	5:00 PM	EASTER
5:30 PM	EASTER	5:30 PM	EASTER	5:30 PM	EASTER
EASTER	EASTER	EASTER	EASTER	EASTER	EASTER

Monday, April 05, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, April 06, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	Jen Ryles Private Training	4:00 PM	17-1	4:00 PM	OPEN for Training
4:30 PM	Jen Ryles Private Training	4:30 PM	17-1	4:30 PM	OPEN for Training
5:00 PM	13-1 / 14-2	5:00 PM	13-1 / 14-2	5:00 PM	11-1 / 11-2
5:30 PM	13-1 / 14-2	5:30 PM	13-1 / 14-2	5:30 PM	11-1 / 11-2
6:00 PM	13-1 / 14-2	6:00 PM	13-1 / 14-2	6:00 PM	11-1 / 11-2
6:30 PM	13-1 / 14-2	6:30 PM	13-1 / 14-2	6:30 PM	11-1 / 11-2
7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	15-1 / 15-2
7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	15-1 / 15-2
8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	15-1 / 15-2
8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	15-1 / 15-2

Wednesday, April 07, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training

4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	14-1
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	14-1
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	14-1
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	14-1

Thursday, April 08, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	Jen Ryles Private Training	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	Jen Ryles Private Training	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	14-2	5:00 PM	14-3	5:00 PM	J. Delong Private Training
5:30 PM	14-2	5:30 PM	14-3	5:30 PM	J. Delong Private Training
6:00 PM	14-2	6:00 PM	14-3	6:00 PM	J. Delong Private Training
6:30 PM	14-2	6:30 PM	14-3	6:30 PM	J. Delong Private Training
7:00 PM	14-1	7:00 PM	18-2	7:00 PM	OPEN
7:30 PM	14-1	7:30 PM	18-2	7:30 PM	OPEN
8:00 PM	14-1	8:00 PM	18-2	8:00 PM	OPEN
8:30 PM	14-1	8:30 PM	18-2	8:30 PM	OPEN

Friday, April 09, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, April 10, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, April 11, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	16-1	12:00 PM	16-2	12:00 PM	17-1
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	17-1
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	17-1
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	17-1
2:00 PM	11-1	2:00 PM	12-1	2:00 PM	14-3
2:30 PM	11-1	2:30 PM	12-1	2:30 PM	14-3
3:00 PM	11-1	3:00 PM	12-1	3:00 PM	14-3
3:30 PM	11-1	3:30 PM	12-1	3:30 PM	14-3
4:00 PM	15-1	4:00 PM	14-2	4:00 PM	15-2
4:30 PM	15-1	4:30 PM	14-2	4:30 PM	15-2
5:00 PM	15-1	5:00 PM	14-2	5:00 PM	15-2
5:30 PM	15-1	5:30 PM	14-2	5:30 PM	15-2

Monday, April 12, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, April 13, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	Jen Ryles Private Training	4:00 PM	17-1	4:00 PM	OPEN for Training
4:30 PM	Jen Ryles Private Training	4:30 PM	17-1	4:30 PM	OPEN for Training
5:00 PM	13-1 / 14-2	5:00 PM	13-1 / 14-2	5:00 PM	11-1 / 11-2
5:30 PM	13-1 / 14-2	5:30 PM	13-1 / 14-2	5:30 PM	11-1 / 11-2
6:00 PM	13-1 / 14-2	6:00 PM	13-1 / 14-2	6:00 PM	11-1 / 11-2
6:30 PM	13-1 / 14-2	6:30 PM	13-1 / 14-2	6:30 PM	11-1 / 11-2
7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	15-1 / 15-2
7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	15-1 / 15-2
8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	15-1 / 15-2
8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	15-1 / 15-2

Wednesday, April 14, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	14-1
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	14-1
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	14-1
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	14-1

Thursday, April 15, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

4:00 PM	Jen Ryles Private Training	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	Jen Ryles Private Training	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	14-2	5:00 PM	OPEN	5:00 PM	J. Delong Private Training
5:30 PM	14-2	5:30 PM	OPEN	5:30 PM	J. Delong Private Training
6:00 PM	14-2	6:00 PM	OPEN	6:00 PM	J. Delong Private Training
6:30 PM	14-2	6:30 PM	OPEN	6:30 PM	J. Delong Private Training
7:00 PM	14-1	7:00 PM	OPEN	7:00 PM	17-1
7:30 PM	14-1	7:30 PM	OPEN	7:30 PM	17-1
8:00 PM	14-1	8:00 PM	OPEN	8:00 PM	17-1
8:30 PM	14-1	8:30 PM	OPEN	8:30 PM	17-1

Friday, April 16, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, April 17, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, April 18, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	16-1	12:00 PM	16-2	12:00 PM	17-1
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	17-1
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	17-1
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	17-1
2:00 PM	11-1	2:00 PM	12-1	2:00 PM	14-3
2:30 PM	11-1	2:30 PM	12-1	2:30 PM	14-3
3:00 PM	11-1	3:00 PM	12-1	3:00 PM	14-3
3:30 PM	11-1	3:30 PM	12-1	3:30 PM	14-3
4:00 PM	15-1	4:00 PM	14-2	4:00 PM	15-2
4:30 PM	15-1	4:30 PM	14-2	4:30 PM	15-2
5:00 PM	15-1	5:00 PM	14-2	5:00 PM	15-2
5:30 PM	15-1	5:30 PM	14-2	5:30 PM	15-2

Monday, April 19, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, April 20, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	J. Delong Private Training	4:00 PM	17-1	4:00 PM	OPEN for Training
4:30 PM	J. Delong Private Training	4:30 PM	17-1	4:30 PM	OPEN for Training
5:00 PM	13-1 / 14-2	5:00 PM	13-1 / 14-2	5:00 PM	11-1 / 11-2
5:30 PM	13-1 / 14-2	5:30 PM	13-1 / 14-2	5:30 PM	11-1 / 11-2
6:00 PM	13-1 / 14-2	6:00 PM	13-1 / 14-2	6:00 PM	11-1 / 11-2
6:30 PM	13-1 / 14-2	6:30 PM	13-1 / 14-2	6:30 PM	11-1 / 11-2
7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	15-1 / 15-2
7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	15-1 / 15-2
8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	15-1 / 15-2
8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	15-1 / 15-2

Wednesday, April 21, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	11-2
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	11-2
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	11-2
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	11-2

Thursday, April 22, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	15-1	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	15-1	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	15-1	5:00 PM	13-2	5:00 PM	13-1
5:30 PM	15-1	5:30 PM	13-2	5:30 PM	13-1
6:00 PM	J. Delong Private Training	6:00 PM	13-2	6:00 PM	13-1
6:30 PM	J. Delong Private Training	6:30 PM	13-2	6:30 PM	13-1
7:00 PM	14-1	7:00 PM	18-2	7:00 PM	12-1
7:30 PM	14-1	7:30 PM	18-2	7:30 PM	12-1
8:00 PM	14-1	8:00 PM	18-2	8:00 PM	12-1
8:30 PM	14-1	8:30 PM	18-2	8:30 PM	12-1

Friday, April 23, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, April 24, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	OPEN	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	OPEN	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	OPEN	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	OPEN	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	OPEN	2:00 PM	OPEN
2:30 PM	14-1	2:30 PM	OPEN	2:30 PM	OPEN
3:00 PM	14-1	3:00 PM	OPEN	3:00 PM	OPEN
3:30 PM	14-1	3:30 PM	OPEN	3:30 PM	OPEN
4:00 PM	OPEN	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	OPEN	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	OPEN	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	OPEN	5:30 PM	17-2	5:30 PM	13-3

Sunday, April 25, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	OPEN	12:00 PM	16-2	12:00 PM	OPEN
12:30 PM	OPEN	12:30 PM	16-2	12:30 PM	OPEN
1:00 PM	OPEN	1:00 PM	16-2	1:00 PM	OPEN
1:30 PM	OPEN	1:30 PM	16-2	1:30 PM	OPEN
2:00 PM	11-1	2:00 PM	12-1	2:00 PM	14-3
2:30 PM	11-1	2:30 PM	12-1	2:30 PM	14-3
3:00 PM	11-1	3:00 PM	12-1	3:00 PM	14-3
3:30 PM	11-1	3:30 PM	12-1	3:30 PM	14-3
4:00 PM	OPEN	4:00 PM	14-2	4:00 PM	15-2
4:30 PM	OPEN	4:30 PM	14-2	4:30 PM	15-2
5:00 PM	OPEN	5:00 PM	14-2	5:00 PM	15-2
5:30 PM	OPEN	5:30 PM	14-2	5:30 PM	15-2

Monday, April 26, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, April 27, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	17-1	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	17-1	4:30 PM	OPEN for Training
5:00 PM	13-1 / 14-2	5:00 PM	13-1 / 14-2	5:00 PM	11-1 / 11-2
5:30 PM	13-1 / 14-2	5:30 PM	13-1 / 14-2	5:30 PM	11-1 / 11-2
6:00 PM	13-1 / 14-2	6:00 PM	13-1 / 14-2	6:00 PM	11-1 / 11-2
6:30 PM	13-1 / 14-2	6:30 PM	13-1 / 14-2	6:30 PM	11-1 / 11-2
7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	15-1 / 15-2
7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	15-1 / 15-2
8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	15-1 / 15-2
8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	15-1 / 15-2

Wednesday, April 28, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	J. Delong Private Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	J. Delong Private Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	14-1
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	14-1
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	14-1
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	14-1

Thursday, April 29, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	14-2	5:00 PM	14-3	5:00 PM	J. Delong Private Training
5:30 PM	14-2	5:30 PM	14-3	5:30 PM	J. Delong Private Training
6:00 PM	14-2	6:00 PM	14-3	6:00 PM	J. Delong Private Training
6:30 PM	14-2	6:30 PM	14-3	6:30 PM	J. Delong Private Training
7:00 PM	14-1	7:00 PM	OPEN	7:00 PM	OPEN
7:30 PM	14-1	7:30 PM	OPEN	7:30 PM	OPEN
8:00 PM	14-1	8:00 PM	OPEN	8:00 PM	OPEN
8:30 PM	14-1	8:30 PM	OPEN	8:30 PM	OPEN

Friday, April 30, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, May 01, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2

2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, May 02, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	OPEN	12:00 PM	16-2	12:00 PM	14-1
12:30 PM	OPEN	12:30 PM	16-2	12:30 PM	14-1
1:00 PM	OPEN	1:00 PM	16-2	1:00 PM	14-1
1:30 PM	OPEN	1:30 PM	16-2	1:30 PM	14-1
2:00 PM	OPEN	2:00 PM	12-1	2:00 PM	14-3
2:30 PM	OPEN	2:30 PM	12-1	2:30 PM	14-3
3:00 PM	OPEN	3:00 PM	12-1	3:00 PM	14-3
3:30 PM	OPEN	3:30 PM	12-1	3:30 PM	14-3
4:00 PM	15-1	4:00 PM	14-2	4:00 PM	15-2
4:30 PM	15-1	4:30 PM	14-2	4:30 PM	15-2
5:00 PM	15-1	5:00 PM	14-2	5:00 PM	15-2
5:30 PM	15-1	5:30 PM	14-2	5:30 PM	15-2

Monday, May 03, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, May 04, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	17-1	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	17-1	4:30 PM	OPEN for Training
5:00 PM	13-1 / 14-2	5:00 PM	13-1 / 14-2	5:00 PM	11-2
5:30 PM	13-1 / 14-2	5:30 PM	13-1 / 14-2	5:30 PM	11-2
6:00 PM	13-1 / 14-2	6:00 PM	13-1 / 14-2	6:00 PM	11-2
6:30 PM	13-1 / 14-2	6:30 PM	13-1 / 14-2	6:30 PM	11-2
7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	15-1 / 15-2
7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	15-1 / 15-2
8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	15-1 / 15-2
8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	15-1 / 15-2

Wednesday, May 05, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	OPEN for Training
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	OPEN for Training
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	OPEN for Training
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	OPEN for Training

Thursday, May 06, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	14-2	5:00 PM	OPEN	5:00 PM	14-3
5:30 PM	14-2	5:30 PM	OPEN	5:30 PM	14-3
6:00 PM	14-2	6:00 PM	OPEN	6:00 PM	14-3
6:30 PM	14-2	6:30 PM	OPEN	6:30 PM	14-3
7:00 PM	14-1	7:00 PM	13-1	7:00 PM	12-1
7:30 PM	14-1	7:30 PM	13-1	7:30 PM	12-1
8:00 PM	14-1	8:00 PM	13-1	8:00 PM	12-1
8:30 PM	14-1	8:30 PM	13-1	8:30 PM	12-1

Friday, May 07, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, May 08, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	OPEN	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	OPEN	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	OPEN	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	OPEN	5:30 PM	17-2	5:30 PM	13-3

Sunday, May 09, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

12:00 PM	16-1	12:00 PM	16-2	12:00 PM	17-1
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	17-1
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	17-1
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	17-1
2:00 PM	OPEN	2:00 PM	12-1	2:00 PM	14-3
2:30 PM	OPEN	2:30 PM	12-1	2:30 PM	14-3
3:00 PM	OPEN	3:00 PM	12-1	3:00 PM	14-3
3:30 PM	OPEN	3:30 PM	12-1	3:30 PM	14-3
4:00 PM	15-1	4:00 PM	14-2	4:00 PM	15-2
4:30 PM	15-1	4:30 PM	14-2	4:30 PM	15-2
5:00 PM	15-1	5:00 PM	14-2	5:00 PM	15-2
5:30 PM	15-1	5:30 PM	14-2	5:30 PM	15-2

Monday, May 10, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, May 11, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	17-1	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	17-1	4:30 PM	OPEN for Training
5:00 PM	13-1 / 14-2	5:00 PM	13-1 / 14-2	5:00 PM	11-2
5:30 PM	13-1 / 14-2	5:30 PM	13-1 / 14-2	5:30 PM	11-2
6:00 PM	13-1 / 14-2	6:00 PM	13-1 / 14-2	6:00 PM	11-2
6:30 PM	13-1 / 14-2	6:30 PM	13-1 / 14-2	6:30 PM	11-2
7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	15-1 / 15-2
7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	15-1 / 15-2
8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	15-1 / 15-2
8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	15-1 / 15-2

Wednesday, May 12, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	OPEN for Training
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	OPEN for Training
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	OPEN for Training
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	OPEN for Training

Thursday, May 13, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	13-2	5:00 PM	14-3	5:00 PM	14-2
5:30 PM	13-2	5:30 PM	14-3	5:30 PM	14-2
6:00 PM	13-2	6:00 PM	14-3	6:00 PM	14-2
6:30 PM	13-2	6:30 PM	14-3	6:30 PM	14-2
7:00 PM	14-1	7:00 PM	12-1	7:00 PM	17-1
7:30 PM	14-1	7:30 PM	12-1	7:30 PM	17-1
8:00 PM	14-1	8:00 PM	12-1	8:00 PM	17-1
8:30 PM	14-1	8:30 PM	12-1	8:30 PM	17-1

Friday, May 14, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, May 15, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, May 16, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	16-1	12:00 PM	16-2	12:00 PM	17-1
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	17-1
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	17-1
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	17-1
2:00 PM	OPEN	2:00 PM	OPEN	2:00 PM	OPEN
2:30 PM	OPEN	2:30 PM	OPEN	2:30 PM	OPEN
3:00 PM	OPEN	3:00 PM	OPEN	3:00 PM	OPEN
3:30 PM	OPEN	3:30 PM	OPEN	3:30 PM	OPEN
4:00 PM	15-1	4:00 PM	14-2	4:00 PM	15-2
4:30 PM	15-1	4:30 PM	14-2	4:30 PM	15-2
5:00 PM	15-1	5:00 PM	14-2	5:00 PM	15-2
5:30 PM	15-1	5:30 PM	14-2	5:30 PM	15-2

Monday, May 17, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, May 18, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	17-1	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	17-1	4:30 PM	OPEN for Training
5:00 PM	13-1 / 14-2	5:00 PM	13-1 / 14-2	5:00 PM	11-2
5:30 PM	13-1 / 14-2	5:30 PM	13-1 / 14-2	5:30 PM	11-2
6:00 PM	13-1 / 14-2	6:00 PM	13-1 / 14-2	6:00 PM	11-2
6:30 PM	13-1 / 14-2	6:30 PM	13-1 / 14-2	6:30 PM	11-2
7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	15-1 / 15-2
7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	15-1 / 15-2
8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	15-1 / 15-2
8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	15-1 / 15-2

Wednesday, May 19, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	OPEN for Training
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	OPEN for Training
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	OPEN for Training
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	OPEN for Training

Thursday, May 20, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	14-2	5:00 PM	OPEN	5:00 PM	OPEN
5:30 PM	14-2	5:30 PM	OPEN	5:30 PM	OPEN
6:00 PM	14-2	6:00 PM	OPEN	6:00 PM	OPEN
6:30 PM	14-2	6:30 PM	OPEN	6:30 PM	OPEN
7:00 PM	14-1	7:00 PM	OPEN	7:00 PM	OPEN
7:30 PM	14-1	7:30 PM	OPEN	7:30 PM	OPEN
8:00 PM	14-1	8:00 PM	OPEN	8:00 PM	OPEN
8:30 PM	14-1	8:30 PM	OPEN	8:30 PM	OPEN

Friday, May 21, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, May 22, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, May 23, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	16-1	12:00 PM	16-2	12:00 PM	17-1
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	17-1
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	17-1
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	17-1
2:00 PM	14-1	2:00 PM	12-1	2:00 PM	14-3
2:30 PM	14-1	2:30 PM	12-1	2:30 PM	14-3
3:00 PM	14-1	3:00 PM	12-1	3:00 PM	14-3
3:30 PM	14-1	3:30 PM	12-1	3:30 PM	14-3
4:00 PM	15-1	4:00 PM	14-2	4:00 PM	15-2
4:30 PM	15-1	4:30 PM	14-2	4:30 PM	15-2
5:00 PM	15-1	5:00 PM	14-2	5:00 PM	15-2
5:30 PM	15-1	5:30 PM	14-2	5:30 PM	15-2

Monday, May 24, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, May 25, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	17-1	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	17-1	4:30 PM	OPEN for Training
5:00 PM	13-1 / 14-2	5:00 PM	13-1 / 14-2	5:00 PM	11-2

5:30 PM	13-1 / 14-2	5:30 PM	13-1 / 14-2	5:30 PM	11-2
6:00 PM	13-1 / 14-2	6:00 PM	13-1 / 14-2	6:00 PM	11-2
6:30 PM	13-1 / 14-2	6:30 PM	13-1 / 14-2	6:30 PM	11-2
7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	16-1 / 16-2 / 17-2	7:00 PM	15-1 / 15-2
7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	16-1 / 16-2 / 17-2	7:30 PM	15-1 / 15-2
8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	16-1 / 16-2 / 17-2	8:00 PM	15-1 / 15-2
8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	16-1 / 16-2 / 17-2	8:30 PM	15-1 / 15-2

Wednesday, May 26, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	OPEN for Training
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	OPEN for Training
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	OPEN for Training
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	OPEN for Training

Thursday, May 27, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	14-2	5:00 PM	OPEN	5:00 PM	OPEN
5:30 PM	14-2	5:30 PM	OPEN	5:30 PM	OPEN
6:00 PM	14-2	6:00 PM	OPEN	6:00 PM	OPEN
6:30 PM	14-2	6:30 PM	OPEN	6:30 PM	OPEN
7:00 PM	14-1	7:00 PM	OPEN	7:00 PM	OPEN
7:30 PM	14-1	7:30 PM	OPEN	7:30 PM	OPEN
8:00 PM	14-1	8:00 PM	OPEN	8:00 PM	OPEN
8:30 PM	14-1	8:30 PM	OPEN	8:30 PM	OPEN

Friday, May 28, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, May 29, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, May 30, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	16-1	12:00 PM	16-2	12:00 PM	17-1
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	17-1
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	17-1
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	17-1
2:00 PM	14-1	2:00 PM	12-1	2:00 PM	14-3
2:30 PM	14-1	2:30 PM	12-1	2:30 PM	14-3
3:00 PM	14-1	3:00 PM	12-1	3:00 PM	14-3
3:30 PM	14-1	3:30 PM	12-1	3:30 PM	14-3
4:00 PM	15-1	4:00 PM	14-2	4:00 PM	15-2
4:30 PM	15-1	4:30 PM	14-2	4:30 PM	15-2
5:00 PM	15-1	5:00 PM	14-2	5:00 PM	15-2
5:30 PM	15-1	5:30 PM	14-2	5:30 PM	15-2

Monday, May 31, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, June 01, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	15-1 / 16-1	5:00 PM	Open Training	5:00 PM	OPEN
5:30 PM	15-1 / 16-1	5:30 PM	Open Training	5:30 PM	OPEN
6:00 PM	15-1 / 16-1	6:00 PM	17-1	6:00 PM	OPEN
6:30 PM	15-1 / 16-1	6:30 PM	17-1	6:30 PM	OPEN
7:00 PM	13-1 / 14-1	7:00 PM	17-1 / 18-1	7:00 PM	Open Training
7:30 PM	13-1 / 14-1	7:30 PM	17-1 / 18-1	7:30 PM	Open Training
8:00 PM	13-1 / 14-1	8:00 PM	17-1 / 18-1	8:00 PM	Open Training
8:30 PM	13-1 / 14-1	8:30 PM	17-1 / 18-1	8:30 PM	Open Training

Wednesday, June 02, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training

4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	13-2 / 13-3 / 14-3	5:00 PM	12-1 / 12-2
5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	13-2 / 13-3 / 14-3	5:30 PM	12-1 / 12-2
6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	13-2 / 13-3 / 14-3	6:00 PM	12-1 / 12-2
6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	13-2 / 13-3 / 14-3	6:30 PM	12-1 / 12-2
7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	17-1 / 18-2 / 18-1	7:00 PM	OPEN for Training
7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	17-1 / 18-2 / 18-1	7:30 PM	OPEN for Training
8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	17-1 / 18-2 / 18-1	8:00 PM	OPEN for Training
8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	17-1 / 18-2 / 18-1	8:30 PM	OPEN for Training

Thursday, June 03, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	OPEN	5:00 PM	OPEN	5:00 PM	14-1
5:30 PM	OPEN	5:30 PM	OPEN	5:30 PM	14-1
6:00 PM	OPEN	6:00 PM	OPEN	6:00 PM	14-1
6:30 PM	OPEN	6:30 PM	OPEN	6:30 PM	14-1
7:00 PM	OPEN	7:00 PM	OPEN	7:00 PM	OPEN
7:30 PM	OPEN	7:30 PM	OPEN	7:30 PM	OPEN
8:00 PM	OPEN	8:00 PM	OPEN	8:00 PM	OPEN
8:30 PM	OPEN	8:30 PM	OPEN	8:30 PM	OPEN

Friday, June 04, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, June 05, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, June 06, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	16-1	12:00 PM	16-2	12:00 PM	17-1
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	17-1
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	17-1
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	17-1
2:00 PM	OPEN	2:00 PM	OPEN	2:00 PM	14-3
2:30 PM	OPEN	2:30 PM	OPEN	2:30 PM	14-3
3:00 PM	OPEN	3:00 PM	OPEN	3:00 PM	14-3
3:30 PM	OPEN	3:30 PM	OPEN	3:30 PM	14-3
4:00 PM	OPEN	4:00 PM	14-2	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	14-2	4:30 PM	OPEN
5:00 PM	OPEN	5:00 PM	14-2	5:00 PM	OPEN
5:30 PM	OPEN	5:30 PM	14-2	5:30 PM	OPEN

Monday, June 07, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, June 08, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	15-1 / 16-1	5:00 PM	Open Training	5:00 PM	OPEN
5:30 PM	15-1 / 16-1	5:30 PM	Open Training	5:30 PM	OPEN
6:00 PM	15-1 / 16-1	6:00 PM	17-1	6:00 PM	OPEN
6:30 PM	15-1 / 16-1	6:30 PM	17-1	6:30 PM	OPEN
7:00 PM	13-1 / 14-1	7:00 PM	17-1 / 18-1	7:00 PM	OPEN for Training
7:30 PM	13-1 / 14-1	7:30 PM	17-1 / 18-1	7:30 PM	OPEN for Training
8:00 PM	13-1 / 14-1	8:00 PM	17-1 / 18-1	8:00 PM	OPEN for Training
8:30 PM	13-1 / 14-1	8:30 PM	17-1 / 18-1	8:30 PM	OPEN for Training

Wednesday, June 09, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	15-1	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	15-1	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	15-1	5:00 PM	OPEN	5:00 PM	OPEN
5:30 PM	15-1	5:30 PM	OPEN	5:30 PM	OPEN
6:00 PM	OPEN	6:00 PM	OPEN	6:00 PM	OPEN
6:30 PM	OPEN	6:30 PM	OPEN	6:30 PM	OPEN
7:00 PM	OPEN	7:00 PM	OPEN	7:00 PM	OPEN
7:30 PM	OPEN	7:30 PM	OPEN	7:30 PM	OPEN
8:00 PM	OPEN	8:00 PM	OPEN	8:00 PM	OPEN
8:30 PM	OPEN	8:30 PM	OPEN	8:30 PM	OPEN

Thursday, June 10, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	OPEN	5:00 PM	OPEN	5:00 PM	14-1
5:30 PM	OPEN	5:30 PM	OPEN	5:30 PM	14-1
6:00 PM	OPEN	6:00 PM	OPEN	6:00 PM	14-1
6:30 PM	OPEN	6:30 PM	OPEN	6:30 PM	14-1
7:00 PM	OPEN	7:00 PM	OPEN	7:00 PM	17-1
7:30 PM	OPEN	7:30 PM	OPEN	7:30 PM	17-1
8:00 PM	OPEN	8:00 PM	OPEN	8:00 PM	17-1
8:30 PM	OPEN	8:30 PM	OPEN	8:30 PM	17-1

Friday, June 11, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, June 12, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, June 13, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	16-1	12:00 PM	16-2	12:00 PM	17-1
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	17-1
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	17-1
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	17-1
2:00 PM	14-1	2:00 PM	OPEN	2:00 PM	14-3
2:30 PM	14-1	2:30 PM	OPEN	2:30 PM	14-3
3:00 PM	14-1	3:00 PM	OPEN	3:00 PM	14-3
3:30 PM	14-1	3:30 PM	OPEN	3:30 PM	14-3
4:00 PM	15-1	4:00 PM	14-2	4:00 PM	OPEN
4:30 PM	15-1	4:30 PM	14-2	4:30 PM	OPEN
5:00 PM	15-1	5:00 PM	14-2	5:00 PM	OPEN
5:30 PM	15-1	5:30 PM	14-2	5:30 PM	OPEN

Monday, June 14, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, June 15, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	15-1 / 16-1	5:00 PM	OPEN for Training	5:00 PM	OPEN
5:30 PM	15-1 / 16-1	5:30 PM	OPEN for Training	5:30 PM	OPEN
6:00 PM	15-1 / 16-1	6:00 PM	17-1	6:00 PM	OPEN
6:30 PM	15-1 / 16-1	6:30 PM	17-1	6:30 PM	OPEN
7:00 PM	13-1 / 14-1	7:00 PM	17-1 / 18-1	7:00 PM	OPEN for Training
7:30 PM	13-1 / 14-1	7:30 PM	17-1 / 18-1	7:30 PM	OPEN for Training
8:00 PM	13-1 / 14-1	8:00 PM	17-1 / 18-1	8:00 PM	OPEN for Training
8:30 PM	13-1 / 14-1	8:30 PM	17-1 / 18-1	8:30 PM	OPEN for Training

Wednesday, June 16, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	17-1	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	17-1	4:30 PM	OPEN
5:00 PM	OPEN	5:00 PM	17-1	5:00 PM	OPEN
5:30 PM	OPEN	5:30 PM	17-1	5:30 PM	OPEN
6:00 PM	OPEN	6:00 PM	OPEN	6:00 PM	OPEN
6:30 PM	OPEN	6:30 PM	OPEN	6:30 PM	OPEN
7:00 PM	OPEN	7:00 PM	OPEN	7:00 PM	OPEN
7:30 PM	OPEN	7:30 PM	OPEN	7:30 PM	OPEN
8:00 PM	OPEN	8:00 PM	OPEN	8:00 PM	OPEN
8:30 PM	OPEN	8:30 PM	OPEN	8:30 PM	OPEN

Thursday, June 17, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	OPEN	5:00 PM	OPEN	5:00 PM	OPEN
5:30 PM	OPEN	5:30 PM	OPEN	5:30 PM	OPEN
6:00 PM	OPEN	6:00 PM	OPEN	6:00 PM	OPEN
6:30 PM	OPEN	6:30 PM	OPEN	6:30 PM	OPEN
7:00 PM	OPEN	7:00 PM	OPEN	7:00 PM	OPEN
7:30 PM	OPEN	7:30 PM	OPEN	7:30 PM	OPEN
8:00 PM	OPEN	8:00 PM	OPEN	8:00 PM	OPEN
8:30 PM	OPEN	8:30 PM	OPEN	8:30 PM	OPEN

Friday, June 18, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, June 19, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2
2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, June 20, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	16-1	12:00 PM	16-2	12:00 PM	17-1
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	17-1
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	17-1
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	17-1
2:00 PM	OPEN	2:00 PM	OPEN	2:00 PM	14-3
2:30 PM	OPEN	2:30 PM	OPEN	2:30 PM	14-3
3:00 PM	OPEN	3:00 PM	OPEN	3:00 PM	14-3
3:30 PM	OPEN	3:30 PM	OPEN	3:30 PM	14-3
4:00 PM	15-1	4:00 PM	14-2	4:00 PM	OPEN
4:30 PM	15-1	4:30 PM	14-2	4:30 PM	OPEN
5:00 PM	15-1	5:00 PM	14-2	5:00 PM	OPEN
5:30 PM	15-1	5:30 PM	14-2	5:30 PM	OPEN

Monday, June 21, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, June 22, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	15-1 / 16-1	5:00 PM	OPEN for Training	5:00 PM	OPEN
5:30 PM	15-1 / 16-1	5:30 PM	OPEN for Training	5:30 PM	OPEN
6:00 PM	15-1 / 16-1	6:00 PM	OPEN for Training	6:00 PM	OPEN
6:30 PM	15-1 / 16-1	6:30 PM	OPEN for Training	6:30 PM	OPEN
7:00 PM	13-1 / 14-1	7:00 PM	17-1 / 18-1	7:00 PM	OPEN for Training
7:30 PM	13-1 / 14-1	7:30 PM	17-1 / 18-1	7:30 PM	OPEN for Training
8:00 PM	13-1 / 14-1	8:00 PM	17-1 / 18-1	8:00 PM	OPEN for Training
8:30 PM	13-1 / 14-1	8:30 PM	17-1 / 18-1	8:30 PM	OPEN for Training

Wednesday, June 23, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	OPEN	5:00 PM	OPEN	5:00 PM	OPEN
5:30 PM	OPEN	5:30 PM	OPEN	5:30 PM	OPEN
6:00 PM	OPEN	6:00 PM	OPEN	6:00 PM	OPEN
6:30 PM	OPEN	6:30 PM	OPEN	6:30 PM	OPEN
7:00 PM	OPEN	7:00 PM	OPEN	7:00 PM	OPEN
7:30 PM	OPEN	7:30 PM	OPEN	7:30 PM	OPEN
8:00 PM	OPEN	8:00 PM	OPEN	8:00 PM	OPEN
8:30 PM	OPEN	8:30 PM	OPEN	8:30 PM	OPEN

Thursday, June 24, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	OPEN	5:00 PM	OPEN	5:00 PM	OPEN
5:30 PM	OPEN	5:30 PM	OPEN	5:30 PM	OPEN
6:00 PM	OPEN	6:00 PM	OPEN	6:00 PM	OPEN
6:30 PM	OPEN	6:30 PM	OPEN	6:30 PM	OPEN
7:00 PM	OPEN	7:00 PM	OPEN	7:00 PM	OPEN
7:30 PM	OPEN	7:30 PM	OPEN	7:30 PM	OPEN
8:00 PM	OPEN	8:00 PM	OPEN	8:00 PM	OPEN
8:30 PM	OPEN	8:30 PM	OPEN	8:30 PM	OPEN

Friday, June 25, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Saturday, June 26, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	18-1	12:00 PM	13-2	12:00 PM	12-2
12:30 PM	18-1	12:30 PM	13-2	12:30 PM	12-2
1:00 PM	18-1	1:00 PM	13-2	1:00 PM	12-2
1:30 PM	18-1	1:30 PM	13-2	1:30 PM	12-2
2:00 PM	14-1	2:00 PM	18-2	2:00 PM	11-2

2:30 PM	14-1	2:30 PM	18-2	2:30 PM	11-2
3:00 PM	14-1	3:00 PM	18-2	3:00 PM	11-2
3:30 PM	14-1	3:30 PM	18-2	3:30 PM	11-2
4:00 PM	13-1	4:00 PM	17-2	4:00 PM	13-3
4:30 PM	13-1	4:30 PM	17-2	4:30 PM	13-3
5:00 PM	13-1	5:00 PM	17-2	5:00 PM	13-3
5:30 PM	13-1	5:30 PM	17-2	5:30 PM	13-3

Sunday, June 27, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
12:00 PM	16-1	12:00 PM	16-2	12:00 PM	17-1
12:30 PM	16-1	12:30 PM	16-2	12:30 PM	17-1
1:00 PM	16-1	1:00 PM	16-2	1:00 PM	17-1
1:30 PM	16-1	1:30 PM	16-2	1:30 PM	17-1
2:00 PM	OPEN	2:00 PM	OPEN	2:00 PM	14-3
2:30 PM	OPEN	2:30 PM	OPEN	2:30 PM	14-3
3:00 PM	OPEN	3:00 PM	OPEN	3:00 PM	14-3
3:30 PM	OPEN	3:30 PM	OPEN	3:30 PM	14-3
4:00 PM	15-1	4:00 PM	14-2	4:00 PM	OPEN
4:30 PM	15-1	4:30 PM	14-2	4:30 PM	OPEN
5:00 PM	15-1	5:00 PM	14-2	5:00 PM	OPEN
5:30 PM	15-1	5:30 PM	14-2	5:30 PM	OPEN

Monday, June 28, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	

Tuesday, June 29, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN for Training	4:00 PM	OPEN for Training	4:00 PM	OPEN for Training
4:30 PM	OPEN for Training	4:30 PM	OPEN for Training	4:30 PM	OPEN for Training
5:00 PM	15-1 / 16-1	5:00 PM	OPEN for Training	5:00 PM	OPEN
5:30 PM	15-1 / 16-1	5:30 PM	OPEN for Training	5:30 PM	OPEN
6:00 PM	15-1 / 16-1	6:00 PM	OPEN for Training	6:00 PM	OPEN
6:30 PM	15-1 / 16-1	6:30 PM	OPEN for Training	6:30 PM	OPEN
7:00 PM	13-1 / 14-1	7:00 PM	17-1 / 18-1	7:00 PM	OPEN for Training
7:30 PM	13-1 / 14-1	7:30 PM	17-1 / 18-1	7:30 PM	OPEN for Training
8:00 PM	13-1 / 14-1	8:00 PM	17-1 / 18-1	8:00 PM	OPEN for Training
8:30 PM	13-1 / 14-1	8:30 PM	17-1 / 18-1	8:30 PM	OPEN for Training

Wednesday, June 30, 2010

Better Bodies Court 1		Better Bodies Court 2		Better Bodies Court 3	
4:00 PM	OPEN	4:00 PM	OPEN	4:00 PM	OPEN
4:30 PM	OPEN	4:30 PM	OPEN	4:30 PM	OPEN
5:00 PM	OPEN	5:00 PM	OPEN	5:00 PM	OPEN
5:30 PM	OPEN	5:30 PM	OPEN	5:30 PM	OPEN
6:00 PM	OPEN	6:00 PM	OPEN	6:00 PM	OPEN
6:30 PM	OPEN	6:30 PM	OPEN	6:30 PM	OPEN
7:00 PM	OPEN	7:00 PM	OPEN	7:00 PM	OPEN
7:30 PM	OPEN	7:30 PM	OPEN	7:30 PM	OPEN
8:00 PM	OPEN	8:00 PM	OPEN	8:00 PM	OPEN
8:30 PM	OPEN	8:30 PM	OPEN	8:30 PM	OPEN