

**NORTHERN
KENTUCKY JUNIOR
VOLLEYBALL**

**PO BOX 175852
COVINGTON, KY 41017**

Calendar:

- 12/15/04 Kaepa Accessory Orders Due
- 1/16/2005 Picture Day
- 1/16/2005 Ad Deadline, must be received by this date
- 1/30/2005 Cookie Dough Orders Due
- 2/1/2005 Balance Of Player Fees Due
- KHMEQ 3/18-3/20 and 3/25-3/27
- 4/16-4/17/05 Kaepa Aces Challenge
- JOVC 6/29/05-7/6/05 Salt Lake City, UT
- JOIVC 6/30/05—7/3/05

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Experience



NKJV Aces



Providing the volleyball
experience for over 20 Years

Edition 17

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Is A Full-Ride Scholarship A Free Ride?

With every kill, set, ace or dig, the prospect of your daughter being offered a scholarship seems more and more certain. Thousands of young women around the country are living their dreams of playing volleyball and getting financial aid to attend college. But what exactly does an athletic scholarship pay for? Is a full-ride scholarship a completely free ride? Not all "full-ride" scholarships cover the same expenses. A scholarship can cover tuition, fees, books, and room and board. Each of these expenditures can be, but aren't necessarily, part of the package. The costs of other incidentals like clothing, transportation to and from school, and health insurance aren't covered by scholarships.

Tuition is the cost of the classes themselves. It is one of the most significant financial outlays of a college education. Students on athletic scholarship must take a minimum of 12 credit hours per semester to be considered a full-time student. During the recruiting process, ask about the maximum number of credit hours you can take during your sports season and during the off-season. Books aren't cheap and it's not unusual for textbooks to cost \$400 or \$500 per semester. Scholarships that include books will pay for all the textbooks listed in the course catalog or at the bookstore for each course being taken. Will your scholarship include funding to take summer school classes? This can be significant if you plan to take

summer classes to ease your load during the season. Housing comes in two primary flavors: on-campus and off-campus. On-campus housing generally means a dorm room in a residence hall. An apartment that isn't on the school's campus would be off-campus housing. Dormitory housing costs for athletes living on campus will be included in the scholarship. For athletes living off-campus, the scholarship reimburses them for the average of what non-scholarship students pay for their dormitory rooms. This assistance can be paid out monthly to the athlete. Many schools have restrictions regarding when a student is allowed to live off-campus. During recruiting inquire about any restrictions that apply to scholarship recipients. Continued in the next issue.

All-Tourney Teams In The KY Districts:

30th District: **Andrea Herbsteit** was MVP for the champion Ryle Raiders. Other members were **Jen Ryles** and McKenzie Long (Conner), Rachel Acres (Heritage), **Taylor Tanner** and Andrea Zuckerman (Ryle), and Amber Heimann (Boone Co.).

31st District: MVP for St. Henry was Katelyn Hickman. Other Crusader members on the all-tourney team were Andrea Price and Jessica Issac. They were joined by Jordan Mize of Lloyd, Lauren Beymer of Villa and **Lauren Taylor** and Jackie Colgate of Dixie.

32nd District: NDA won its

23rd consecutive district title behind MVP **Jenna Gronotte**. Pandas **Allison Menne** & Molly Volz also made the all-tourney team. Others were Amelia Whitehead (Latin), Amber Powell (Ludlow), and Beechood's

(Continued on page 2)

**Visit our website
NKJV.NET**

*"Smile like you
enjoy sitting in a
gym all day!"*

Travel Tips For New Parents And Players

Many of the tournament locations do not provide adequate seating (if there are bleachers, they are seldom pulled out for spectator use). The popular chair of choice is the folding canvas/nylon chairs found at many locations. They come with or without arm rests and pack away into a carrying case with shoulder straps for easy transport.

It is always a good idea to bring plenty of water or other liquid, not soft drinks. Bottled water is the best. Some locations restrict what a player can have on the court to just water. Gatorade and other sports drinks when spilt become sticky messes.

Parents be sure to bring a good book, newspaper,

knitting or something to occupy your time between games.

Many people pack coolers of food and drink. Please pack healthy foods for your girls, it does impact their play. For snacks make it things like fruit and granola bars. Leave the chips and candy at home. Coolers must remain outside at most facilities.

*"to showcase
regionally
strong teams"*

Qualifiers—What Are They, Where Are They?

Our Open teams all go to at least one qualifier, usually the KHMEQ in Indianapolis, IN. Some club teams elect to go to a qualifier. What is a qualifier? The primary purpose of the Qualifiers is to determine, through tournament competition, which teams in various age groups will play at the

JOVC (Junior Olympic Volleyball Championships). Tournament play at the Qualifiers is divided into Open divisions and Club divisions. The Open divisions of the Qualifiers are designed to identify and select the top 28 teams in the country for the JOVC competition.

The goal of the Club divisions, National and American, is to showcase regionally strong teams in competition and to provide the opportunity for more teams to participate at the JOVC. The secondary purposes of Qualifiers are:

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**Meredith Harmon (Left)
W. Carolina U.**

Strong Finish @ WCU All-Tourney Teams

(Continued from page 1)

Lauren Snyder, **Lindsay Lonneman**, & **Rachel Skerczak**.

33rd District: Simon Kenton beat Holy Cross for the district championship.

Katelyn Barbour was the MVP, with Sarah Kloentrup and Brandi Cahill also on the team. Other members were Sarah Hall & Julianne Dietz (HC), Kate Brungs (Scott), Becky Sanders

Personal Instruction Available!

Improve your skills before the upcoming season starts. Learn new skills to help make you a more rounded teammate. Contact Jim Delong for further information at 859.781.2145 or jldvball2@aol.com. Jump start your 2005 season!

Nationals Set For 2005— Salt Lake City, Utah and Louisville, KY

The 2005 USA Junior Olympic Volleyball Championships will be held in Salt Lake City, Utah at the Salt Palace. The competition runs from June 29 thru July 6. This will be the 25th time this event has been held. What are the Junior National Championships? It is an annual indoor championship that attracts elite junior players and

their families from around the country. Since its conception in 1980, Junior Olympic participation has grown steadily. The 2004 Championships in Houston, TX, and Austin, TX attracted a record 1,264 total teams and approximately 13,904 players. There were more than 30,000 spectators alone for the girl's Junior Olympics in Houston. The Junior Olympic Invita-

tional Volleyball Championships will be hosted in Louisville, KY at the Kentucky Fair & Exposition Center. Louisville was the first city to host the invitational when it was first created a few years ago. It is a great venue for volleyball and there is plenty to do in Louisville during your stay if you are fortunate enough to qualify.



Rachael Kuebbing
UW at Milwaulkee

Club Fundraisers Help Offset Fees

Each year the club offers fundraising opportunities for those who wish to participate. Nothing mandatory, just a way to help off set the fees to play JO volleyball. Each year we offer the opportunity to sell ads in our tournament program. You received information in the packets sent home with each player, details

are also available in the NKJV handbook which can be found on the website. New for larger advertisers this year is a link on our website sponsors page. Last year we several girls raise their entire fee through advertising. Cookie dough was introduced last year for the first time and was such a huge success we offered

it a second time in the same season. It is coming back this year and the materials will be passed out on Picture Day, January 16th, 2005. The orders will be due back by January 30th. Pick-up will be in mid-February, a date will be set later. If you haven't tried it, this is great stuff! Our sales leaders last year earned as much as \$290.

*"Cookie Dough
will be back in
January"*

Centre Senior Night A Special Experience

Thursday, October 28th was Senior night at Centre College for their four seniors. Don't think the special significance of the night is any less at the collegiate level. In fact in some ways it may be more precious as it may signify the end of competition as the athlete has known it for many years. Here are the comments

from a parent of a non-senior player: "Last night was Senior night and I was not expecting it to be too emotional for me. But boy did I get a surprise. As they began I saw that Megan was over there with 3 other girls by the microphone. At that moment I thought "ut oh", Megan has got Leah. Well they saved her

for last. Megan started out and said how hard it was the first time and she never dreamed she'd have to give Leah a Senior Night send off again." Both Leah Ballinger and Megan McElveen played together at Campbell County High School. "Then she proceeded to

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Leah Ballinger
Centre College

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NKJV.NET



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- To promote inter-regional play
- To provide a high level of competition for teams
- To showcase junior talent for college recruiters and National Team programs
- To promote the growth and development of volleyball in a particular geographic area.

(Continued on column 4 page 4)

Centre Senior Night *continued*

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go into everything that Leah meant to her personally, as a friend and teammate. As it went along Leah was crying harder, her mom was in tears, Mike was fighting them back, her grandma, the team, the coach, friends, and fellow students. Megan held it together until right toward the end and then barely got out the last few words. It was one tough moment. The coach told me that Megan about killed her. She said she'd never been that choked up. I was standing there feeling my eyes swell up. Wow, it was a little intense."

Centre came out very slow and then finally rebounded and won in 3 all identical scores 30-22. A pretty nice way to close out their careers at Centre. All four seniors played all the way around. They were fortunate enough to be able to close out their senior season at home in the new gym.

Here is the text of the senior night speech for Leah Ballinger by Megan McElveen: "When we first met back in high school I was a "sheltered" (as you say), little freshman volleyball player. In high school you were an awesome setter and great leader on the court, as well as a good friend. I never dreamed I

would be lucky enough to get that back in college, but I did. You are an amazing volleyball player, setter, leader, captain, and person. You have made Centre College a place I want to be. You have been there for me whenever I have needed you. You always offer great advice and words of wisdom during team huddles. I want to thank you for everything that you have done for me, especially talking to me during preseason for hours my freshman year when I was homesick. It was a rough time for me, and you were there to help me through. So now what will we do? We are losing the heart and soul, the leader of our team. There is no one who could replace you. Your talent, hard work, dedication, and leadership will be impossible to surpass. And also, what will I do? I consider myself extremely lucky to have been a teammate and friend of yours not only in high school, but now in college as well. But it is really hard thinking about saying good-bye. I have had to do this twice now, two Senior Nights and two good-byes. This second one is going to be a lot harder. I am going to miss you so much. Centre Volleyball will not be the same without you, and Centre will not be the same for me without you."

College can be a special experience, one you will remember the rest of your life. Make the most of your opportunities!

Personal Instruction Available!

Want additional instruction to improve your game? Contact Matt Long, a former NKJV coach and the head coach at Beechwood High School. Hours based on availability from 4-8pm M-F. Call for details and reservations at 859.727.1338.

Newsletter Feedback

If you have something you would like to see in the newsletter please let us know. We are always interested in new topics that are of interest to you. You may send information to the PO BOX to the attention of Bill Schwab or you may email me at wschwab2@insightbb.com

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The Club division is broken into the National division and the American division. The National bid goes to the team finishing first in the age group, and the American bid goes to the team finishing second.

Currently there are nine Qualifiers: Colorado Crossroads; Big South National Qualifier (formerly Tampa Bay); Hoosier Mideast; Northern Lights; Northeast; Southern California; Far Western; and Pacific Northwest.